EQUIPMENT TRAINING MEDICAL

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> supting 100% of your nethall gen applying 100% of your nethall gen supplying 100% of your nethall gen







also available in white, blue and pink

ankle brace

better prices for bulk orders \$50 \$6

Great quality ankle braces, to help keep you on the court. This is one of the more popular supports among athletes. Brace is lightweight, extremely soft to the touch and comfortable.

Removable bone down both sides of Ankle for extra support.

The fabric is neoprene-free, latex on elastic pull strap, secure ballistic nylon stirrup straps replicate ankle taping and longer webbing crossing straps provide exceptional support keeping foot in neutral position.

Secure stirrup straps and longer webbing crossing straps provide exceptional support.

The polyester-cotton laces are strong and resist shrinking

Dynamic straps add tension as the ankle moves for even more support and a secure fit. Ballistic nylon straps: replicate ankle taping . Lace up closure: patient friendly application

Bilateral capability: helps keep foot in neutral position.

Low profile: will fit in any type of shoe

Size Guide		
Shoe size	Brace size	
	XS	
	S	
	М	
10 - 11	L	
12+	XL	

equipment

70

equipment

100%netbell

1800 100 NETBALL



customised bottles



All prices quoted are exclusive of GST and subject to change without prior notice.

72



48cm WHEEL BAG

FEATURES

FEATURES

- Deluxe 600D material with PVC backing
- · Heavy duty No.10 zippers on all main compartments
- Large pullers with string
- Strengthening rivets on all main stress points
- T0704TW Models with internal trolley system and roller blade wheels

65cm WHEEL BAG



- · Deluxe 600D material with PVC backing
- · Heavy duty No.10 zippers on all main compartments
- · Large pullers with string
- Strengthening rivets on all main stress points
- T0704TW Models with internal trolley system and toller blade wheels

90cm WHEEL BAG



FEATURES

- Deluxe 600D material with PVC backing
- Heavy duty No.10 zippers on all main compartments
- Large pullers with string
- · Strengthening Rivets on all main stress points
- T0704TW Models with internal trolley system and roller blade wheels

CLUB KIT BAG



FEATURES

FEATURES

- Team kit bag with wheels for easy transportation
- Sizable main compartment
- Large end pocket for additional storage
- Durable base and wheels
- 40cm H x 82cm W x 38cm D (125 litres)

WATERPROOF TEAM BAG



- · Zipper on top for ease of access
- · Extra strong construction with superior leak resistance
- · Made from heavy duty waterproof polyethylene
- · Available with handles
- Colours Available



245cm x 90cm Big enough to fit your whole squad's bags!











AUSCLUE

AUSCLUE





100%netbell 1800 100 NETBALL









equipment

equipment **BOOKS AND MEDIA**

Nether netball

OFFICIAL RULES

Authorised by All Australia Netball Association and incorporating the playing rules of the International Federation of Netball Associations.





am MONASH

BEEP TEST "CD'

The 20m Shuttle Run Test is one of the best methods for testing aerobic fitness and is suitable for athletes in active training & coaches with large groups. It also contains paced interval training and a sub-maximal aerobic test. Comes with 12 page explanatory booklet.



YO YO TESTS





UMPIRE GUIDE

"U for Umpiring" Exam Guide Questions & Answers for umpires Endorsed by Netball Australia.



COACHING MANUAL 1

Your Guide to Coaching Juniors: The role of the coach, Teaching a skill, Planning a training session. Activities for L Warm ups, Ball Handling, Pivoting, Attacking, Defending & Space awareness minor games



COACHING MANUAL 2

Your Complete Training Guide for a Season: This manual contains sixteen training sessions set out step by step. Use exactly as it is or choose from the hundred drills to supplement your current training program.



Specialist Skills

COACHING MANUAL 3

Netball Training Games: A collection of training games for junior and open players. Incorporate these games within your training sessions to liven them up.



\$50





FEATURES

- defending, court positioning
- . Everyone loves playing games at training, these games will inject an extra dimension into training sessions





SPECIALIST SKILLS THE COMPLETE SERIES

The Complete Series includes: all three sections: Circle Defence, Centre Court and Goaling. An absolute complete manual on all facets of the game of netball



FOUR DVD SET

- - Attacking
- Training Games



they focus on different aspects of physical performance. The Yo-Yo Endurance test is the traditional style beep test. The Yo-Yo Intermittent Endurance and Yo-Yo Intermittent Recovery tests follow a similar protocol. Includes three separate CD tests and CD ROM instructions.



DVD SERIES - BALL HANDLING

· Full motion video & audio, booklet summarizing each activity, plays on any DVD, TV, PC or MAC

· Full motion video & audio, booklet summarizing each activity, plays on any DVD, TV, PC or MAC

- · Activities / Drills featured on this DVD: leads, timing, space, front cut, clearing leads, centre passes
- To be a complete player, it is vital that both attackers and defenders have good knowledge of attacking skills



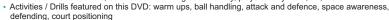
DVD SERIES - DEFENDING

- FEATURES
- · Full motion video & audio, booklet summarizing each activity, plays on any DVD, TV, PC or MAC Activities / Drills featured on this DVD: shadowing, blocking, vision, getting in front, intercepting, attack and
- defence, defence throw ins
- All the best attacks come out of defence, so it is important to equip every player with solid defending skills



DVD SERIES - TRAINING GAMES

· Full motion video & audio, booklet summarizing each activity, plays on any DVD, TV, PC or MAC

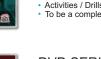












FEATURES





FENDING SKILLS











G. **FEATURES** Regulation pads designed to suit various competition

- levels and age groups. Flat pad wraps around netball post Pad is 25mm thick and when laid flat is 300mm wide
- Cannot be screen printed
- Available in white, royal & yellow Please allow 2-4 weeks for delivery







post. Diameter of post: 50mm Please allow 4-6 weeks for delivery

PORTABLE GOAL \$9! FEATURES

- Sturdy free standing metal portable netball post Adjustable height from 2180mm to 3050mm
- Supplied with peas & net

All prices quoted are exclusive of GST and subject to change without prior notice.

Energy

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Supply us with your dimensions and logo requirements for an obligation free quote

and artwork mockup.

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GUE SIIIS

equipment



medical

1800 100 NETBALL

medical FIRST AID KITS





BUM BAG KIT





HANDY KIT 3 BLUE



EVA (Ethylene vinyl acetate) Zippered First Aid Kit Contains scissors, various bandages, emergency blanket, adhesive bandages, tape,

2

3

emergency blanket, adhesive bandages, tape, disposable gloves, mouth to mouth shield Car and travel use.

TRAVEL FIRST AID KIT

HANDY KIT 3 BLUE

CONTENTS	QTY
Conforming Band. 5cm x 1.8m	 1
Plastic Bag 100x150 Sml Clipseal	 1
Plastic Bag 125x205 Med Clipseal	[1]
Tape Paper 1.25cm x 5m	1
Triangular Band.Disp.110x155cm	1
Gloves Latex Pair Lge	1
Trafalgar First Aid Pamphlet	1
Disposable Resuscitation Face Shield	1
Strips Plastic 50 19 x 72mm Sheer	1
Wound Wipes	2
Wound Dressing No 15	1
Tweezers	1
Scissors	1
Eye Pad Single	1
Safety Pins Pk12 Assorted	1
Saline Satchets	2
Plastic Magnifier	F

BUM BAG KIT

CONTENTS	QTY
Conforming Band. 5cm x 1.8m	1
Plastic Bag 100x150 Sml Clipseal	1
Plastic Bag 125x205 Med Clipseal	1
Tape Paper 1.25cm x 5m	1
Triangular Band.Disp.110x155cm	1
Gloves Latex Pair Lge	1
Trafalgar First Aid Booklet	1
CPR Pocket Card 114 x 88mm FAC	1
Strips Plastic 50 19 x 72mm Sheer	1
Wound Wipe With Cetrimide Single	1
Wound Dressing No 15	1
Tweezers	
Scissor 11cm Long Handle/Budget	1
Hand Tear Stretch Tape 50mm	1
Safety Pins Pk12 Assorted	1

SPORTS CARE BAG KIT 4

CONTENTS	QTY
Conforming Bandage FAC 5cm x 1.8m	⊢ I 3
Conforming Bndg FAC 7.5cm x 1.8m	⊢ – – – ⊢ 3
	i 1
	i 1
	5
First Aid Pamphlet TFA	 i 1
	⊢ i 1
	i 1
Sodium Chloride 20ml Pk 5	⊢ – – – I 1
Non Adherent Dressing 7.5 x10cmPk 10	⊢ – – – I 1
	i 1
Plastic Bag 125x205 Med Clip Seal	⊢ , 3
Cotton Buds FAC Pk 100	⊢ i 1
Safety Pins Pk12 Assorted	⊢ – – – i 1
	i 1
Wound Wipes With Cetrimide Pk10	⊢ – – – i 1
Tape Paper 2.5cm x 5m Porous	⊢ , 1
Triangular Bndg Disp. FAC 110 x 155cm	⊢ – – – I 4
	⊢ I 3
	⊢ – – – I 1
	F I 1
Healaid Cream 25g	⊢ – – - I 1
	⊢ – – – ⊢ 1
	⊢ – – – ⊢ 1
	⊢ – – – ⊢ 1
	⊢
	⊢ I 1
Disposable Medicine Dispenser	
Medi Swab Single	
CPR Resusciation Card FAC	
	⊢ – – – – I 1
Disposable Resus Sale Face Silleiu	

MEDICAL CASE BAG KIT 5

medical

FIRST AID KIT CONTENTS

CONTENTS	QTY
Sodium Chloride 15ml 0.9%	5
Healaid Cream 25g	1
Wound Wipes With Cetrimide Pk10	1
Supadine 100ml Pump Spray	1
Cotton Buds 7.5cm Pk100 FAC	1
Crepe Band.Heavy BDF 7.5cm x 2.3m	2
Crepe Medium Bndg FAC 7.5cm x 2m	2
Eye Pad Single FAC	2
Gauze Pieces 7.5cm Pk 5 Sterile	4
Non Adherent 7.5 x 10cm Single	2
Non Adherent 5 x 7.5cm Single	2
Triangular Bndg Disp. FAC 110 x 155cm	
Febridol Paracetamol 24	1
Forceps S/S Fine 12.5cm	1
Gloves Latex Pair LgePre Packed	5
Cold Pack Instant Small	
Emergency Thermal Blanket FAC	
Resusi-Safe FAC Shield Disposable	
Safety Pins Pk12 Assorted	
Scissor S/S 12.5cm Sharp/Blunt	
Splinter Probe FAC Single Disp	2
First Aid Booklet Trafalgar	1
Strips Plastic 50 19 x 72mm Sheer	1
Conforming Bndg FAC 7.5cm x 1.8m	2
Conforming Bndg FAC 5cm x 1.8m	2
Tape Paper 2.5cm x 5m Porous	1
Sports Tape 5cm x 15m	1
Disinfect-It Wipes Each	2
Daylee Towel 32x34cm Single	3
Dressing Strip Fabric 6cm x 0.5m	1
Kidney Dish Plastic Green 160mm	1
Register Of Injuries & Pencil FAC	1
Plastic Bag 125x205 Med Clip Seal	2
Plastic Bag 100x150 Sml Clip Seal	1
Wound Dressing No 13	1
Wound Dressing No 14	1
Wound Dressing No 15	1
Dressing Pack Basic	1
Cold/Heat Pack Reusable Large Deluxe	1
Sticker First Aid Vinyl 80x135	1
Cold Pack Instant Large	1
Sports Tape 3.8cm x 15m	1
Sports Tape 2.5cm x 15m	1

medical

medical

medical SPORTS TAPES



Features serrated edges for easy tearing For use on areas of stress during moderate

PREMIUM TRAINERS Selection Rigid Strapping Tape



PREMIUM TRAINERS Selection EAB Stretch Tape

\$6

FEATURES



75mm

Provides strong elastic support to joints during high stress activity Features a central pink line for proper alignment to muscular & joint structure * Roll length 4.5m long

FEATURES

to vigorous exercise Roll length 13.7m long

elite MARQUEE

CUSTOMISABLE SUBLIMATED MARQUEE



100netball.com.au

FEATURES

WAPPLIERS OF EVERYTHING NETBALL!

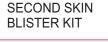
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Jall.com.av

Sublimated marguees can be printed on all sides to give your club maximum exposure at events

ΡO

- Nylon material is flame, wind, UV and water resistant
- Steel joints are adjustable and interlocking, which allows maximum stability and customisation
- Water gutters are available to allow extra water tightness and easy drainage
- Huge range of sizing and styles available
- Tents include all required pegs and ropes, and a carry bag



A compact 5 1/2" x 4 1/4" resealable pouch for convenient protection, prevention and relief from friction, pressure and blisters.

\$9



No-fuss ice and compression treatment system that moulds around injured joints and body parts. It combines an ice bag with a stretch older for compression.





Reusable gel pack can be frozen or heated for desired effect. Mainly used for the application of cold therapy. Helps in the reduction of swelling in soft tissue iniuries.









club